

NEW ZEALAND RUGBY PROFESSIONAL PLAYERS KEY INFORMATION

2. ILLICIT DRUGS PROTOCOL

- Players must not take or have any metabolites in their system of any of the following substances or any derivatives thereof:
 - o Cocaine
 - o Cannabis
 - o Amphetamine
 - o MDMA (ecstasy)
 - o Heroin (or other morphine derivatives)
 - o Lysergide (LSD)
 - o Methadone
 - o Ephedrine
- Players must not use, ingest or take any substance that masks the use of any of the above substances.
- Players may be subject to random hair follicle testing under the Illicit Drugs Regulations.
- If you have not attended an education session on the Illicit Drugs Regulations notify your Team Manager as soon as possible. You cannot be tested unless you have undertaken the education session.
- No Player may be subject to testing under the Illicit Drugs Regulation In-Competition.
- Players may be required to attend or complete counselling, education, or drug treatment where it is established that they have used, taken or ingested any Illicit Drugs in circumstances that place their health and/or professional rugby career at risk.
- The Illicit Drugs Regulation is a separate Regulation to the NZR Anti-Doping Regulation. The World Anti-Doping Code Prohibited List includes Illicit Drugs which are prohibited In-Competition.
- If you or a mate require support or help please contact either:
 - o InStep 0800 284 678
 - o NZRPA 0800 player
 - o Team Doctor, Manager or PDM
 - o NZR integrity@nzrugby.co.nz